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By Marin Chirciu – Romania

1) In $\triangle ABC$ the following relationship holds:

$$12 \leq \sum \left(\frac{b+c}{a} \right)^2 \leq 18 \left(\frac{R}{2r} \right)^2 - 6$$

Proposed by George Apostolopoulos – Greece

Solution:

We prove the following lemma:

Lemma:

2) In $\triangle ABC$ the following relationship holds:

$$\sum \left(\frac{b+c}{a} \right)^2 = \frac{s^2(s^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)}{4R^2r^2}$$

Solution:

$$\text{We have } \sum \left(\frac{b+c}{a} \right)^2 = \frac{\sum b^2 c^2 (b+c)^2}{a^2 b^2 c^2} = \frac{s^2(s^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)}{4R^2r^2}$$

which follows from the known identity in triangle

$$\sum b^2 c^2 (b+c)^2 = 4s^2 [s^2(s^2 + r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)]$$

Let's get back to the main problem.

The left hand inequality.

Using the Lemma the inequality can be written:

$$\frac{s^2(s^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)}{4R^2r^2} \geq 12, \text{ which follows from Gerretsen's inequality}$$

$$s^2 \geq 16Rr - 5r^2$$

It remains to prove that:

$$(16Rr - 5r^2)(16Rr - 5r^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2) \geq 48R^2r^2 \Leftrightarrow$$

$$\Leftrightarrow 7R^2 - 16Rr + 4r^2 \geq 0 \Leftrightarrow (R - 2r)(7R - 2r) \geq 0, \text{ obviously from Euler's}$$

inequality } R \geq 2r.

Equality holds if and only if the triangle is equilateral.

The right hand inequality

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Using the Lemma the inequality can be written:

$$\frac{s^2(s^2+2r^2-12r)+r^2(12R^2+4Rr+r^2)}{4R^2r^2} \leq 18 \left(\frac{R}{2r}\right)^2 - 6, \text{ which follows from Gerretsen's}$$

inequality:

$$s^2 \leq 4R^2 + 4Rr + 3r^2$$

It remains to prove that:

$$\frac{(4R^2 + 4Rr + 3r^2)(4R^2 + 4Rr + 3r^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)}{4R^2r^2} \leq$$

$$\leq 18 \left(\frac{R}{2r}\right)^2 - 6 \Leftrightarrow$$

$$\Leftrightarrow R^4 + 8R^3r - 18R^2r^2 - 8r^4 \geq 0 \Leftrightarrow (R - 2r)(R^2 + 10R^2r - 2Rr^2 - 4r^3) \geq 0$$

Obviously from Euler's inequality $R \geq 2r$.

Equality holds if and only if the triangle is equilateral.

Remark.

Inequality 2) can be strengthened.

3) In ΔABC the following relationship holds:

$$19 - \frac{16r}{R} + \frac{4r^2}{R^2} \leq \sum \left(\frac{b+c}{a}\right)^2 \leq 3 - \frac{4R}{r} + \frac{4R^2}{r^2} + \frac{4r^2}{R^2}$$

Proposed by Marin Chirciu – Romania

Solution:

The left hand inequality.

Using the Lemma the inequality can be written:

$$\frac{s^2(s^2+2r^2-12Rr)+r^2(12R^2+4Rr+r^2)}{4R^2r^2} \geq 19 - \frac{16r}{R} + \frac{4r^2}{R^2}, \text{ which follows from Gerretsen's}$$

inequality

$$s^2 \geq 16Rr - 5r^2$$

It remains to prove that:

$$\frac{(16Rr - 5r^2)(16Rr - 5r^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)}{4R^2r^2} \geq 19 - \frac{16r}{R} + \frac{4r^2}{R^2}$$

true with equality.

Equality holds if and only if the triangle is equilateral.

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The right hand inequality.

Using the Lemma the inequality can be written:

$$\frac{s^2(s^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)}{4R^2r^2} \leq 3 - \frac{4R}{r} + \frac{4R^2}{r^2} + \frac{4r^2}{R^2}$$

which follows from Gerrentsen's inequality $s^2 \leq 4R^2 + 4Rr + 3r^2$

It remains to prove that:

$$\begin{aligned} \frac{(4R^2 + 4Rr + 3r^2)(4R^2 + 4Rr + 3r^2 + 2r^2 - 12Rr) + r^2(12R^2 + 4Rr + r^2)}{4R^2r^2} &\leq \\ &\leq 3 - \frac{4R}{r} + \frac{4R^2}{r^2} + \frac{4r^2}{R^2} \end{aligned}$$

true with equality.

Equality holds if and only if the triangle is equilateral.

Remark.

Inequality 3) is stronger than 2)

4) In ΔABC the following relationship holds:

$$12 \leq 19 - \frac{16r}{R} + \frac{4r^2}{R^2} \leq \sum \left(\frac{b+c}{a} \right)^2 \leq 3 - \frac{4R}{r} + \frac{4R^2}{r^2} + \frac{4r^2}{R^2} \leq 18 \left(\frac{R}{2r} \right)^2 - 6$$

Solution:

See 3) and the inequalities:

$$i) 12 \leq 19 - \frac{16r}{R} + \frac{4r^2}{R^2} \Leftrightarrow 7R^2 - 16Rr + 4r^2 \geq 0 \Leftrightarrow (R - 2r)(7R - 2r) \geq 0$$

obviously from Euler's inequality $R \geq 2r$.

$$ii) 3 - \frac{4R}{r} + \frac{4R^2}{r^2} + \frac{4r^2}{R^2} \leq 18 \left(\frac{R}{2r} \right)^2 - 6 \Leftrightarrow R^4 + 8R^3r - 18R^2r^2 - 8r^4 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(R^2 + 10R^2r - 2Rr^2 - 4r^3) \geq 0, \text{ obviously from Euler's inequality}$$

$$R \geq 2r.$$

References:

Romanian Mathematical Magazine-Interactive Journal-www.ssmrmh.ro