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If $a, b, c > 0, a^2 + b^2 + c^2 + 2abc = 1$ then:

$$8(1 - a)(1 - b)(1 - c) \leq 1$$

Proposed by Marin Chirciu-Romania

Solution 1 by Marian Ursărescu-Romania, Solution 2 by Michael Sterghiou-Greece, Solution 3 by Rajeev Rastogi-India

Solution 1 by Marian Ursărescu-Romania

Because we have the next relation:

$$\cos^2 \alpha + \cos^2 \beta + \cos^2 \gamma + 2 \cos \alpha \cos \beta \cos \gamma = 1, \forall \alpha, \beta, \gamma \in (0, \pi)$$

with $\alpha + \beta + \gamma = \pi \Rightarrow \exists \Delta ABC$ with

$A, B, C \in (0, \pi)$ and $A + B + C = \pi$ and $a = \cos A, b = \cos B, c = \cos C$

\Rightarrow we must show: $8(1 - \cos A)(1 - \cos B)(1 - \cos C) \leq 1 \Leftrightarrow$

$$64 \cdot \sin^2 \frac{A}{2} \cdot \sin^2 \frac{B}{2} \cdot \sin^2 \frac{C}{2} \leq 1 \Leftrightarrow \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \leq \frac{1}{8} \quad (1)$$

But $\sin \frac{A}{2} = \sqrt{\frac{(s-b)(s-c)}{bc}} \leq \frac{a}{2\sqrt{bc}}$ and similarly \Rightarrow

$$\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \leq \frac{a}{2\sqrt{bc}} \cdot \frac{b}{2\sqrt{ac}} \cdot \frac{c}{2\sqrt{ab}} = \frac{1}{8} \Rightarrow (1) \text{ it is true.}$$

Solution 2 by Michael Sterghiou-Greece

$$a^2 + b^2 + c^2 + 2abc = 1 \quad (c) \text{ then } 8(1 - a)(1 - b)(1 - c) \leq 1 \quad (1)$$

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From (c) $1 = \sum_{cyc} a^2 + 2abc \stackrel{AM-GM}{\geq} 3r^{\frac{2}{3}} + 2r$ (2) ($r = : abc$) $\rightarrow r \leq \frac{1}{8}$

[if $r = t^3$ (2) $\rightarrow 3t^2 + 2t^3 - 1 \leq 0 \rightarrow (t+1)^2(2t-1) \leq 0 \rightarrow$

$t \leq \frac{1}{2} \rightarrow r \leq \frac{1}{8}$]. Now, let $p = \sum_{cyc} a, a - \sum_{cyc} ab$. If $\max\{a, b, c\} < \frac{1}{2}$ then from (c)

$\sum a^2 + 2r < 1$ hence $\max\{a, b, c\} \geq \frac{1}{2}$ and $p \geq \frac{1}{2}$.

Assume $p \geq \frac{3}{2} \rightarrow -p \leq -\frac{3}{2} \rightarrow 3 - p \leq \frac{3}{2} \rightarrow \frac{2}{3} \cdot \sum_{cyc} (1-a) \leq 1$

$$\rightarrow \frac{2^3}{3^3} \left[\sum_{cyc} (1-a) \right]^3 \leq 1 \rightarrow 3^3 \cdot \prod_{cyc} (1-a) \cdot \frac{2^3}{3^3} \leq 1 \rightarrow 8 \prod_{cyc} (1-a) \leq 1$$

Done.

Assume now $p \leq \frac{3}{2}$. LHS of (1) $\rightarrow 8(q-p-r+1)$ so (1)

reduces to: $8(p-q+r) - 7 \geq 0$. With $r = \frac{1+2q-p^2}{2}$ from (c)

the last inequality reduces to $-4p^2 + 8p - 3 \geq 0$ or

$(2p-1)(3-2p) \geq 0$ which holds as $p \geq \frac{1}{2}$ and $p \leq \frac{3}{2}$.

We are done!

Solution 3 by Rajeev Rastogi-India

Let us try with change of variables ($\because 0 < a, b, c < 1$)

$a = \cos A, b = \cos B, c = \cos C$ where $A, B, C \in \left(0, \frac{\pi}{2}\right)$

\therefore Given condition becomes $\cos^2 A + \cos^2 B + \cos^2 C + 2 \cos A \cos B \cos C = 1$

$\Rightarrow \cos^2 A + (\cos^2 B - \sin^2 C) + \cos A (2 \cos B \cos C) = 0$

$\Rightarrow \cos^2 A + \cos(B+C) \cdot \cos(B-C) + \cos A (\cos(B+C) + \cos(B-C)) = 0$

$\Rightarrow (\cos^2 A + \cos A \cos(B+C)) + (\cos(B+C) \cdot \cos(B-C) + \cos A \cos(B-C)) = 0$

$\Rightarrow \cos(\cos A + \cos(B+C)) + \cos(B-C) (\cos A + \cos(B+C)) = 0$

$\Rightarrow (\cos A + \cos(B+C)) \cdot \underbrace{(\cos A + \cos(B-C))}_{\neq 0 \text{ (as } A, B, C \text{ are acute angles)}} = 0$

$\Rightarrow \cos(B+C) = -\cos A = \cos(\pi - A)$

$\Rightarrow A + B + C = \pi$

Let $E = (1-a)(1-b)(1-c) = 8 \sin^2 \frac{A}{2} \cdot \sin^2 \frac{B}{2} \cdot \sin^2 \frac{C}{2}$ (1)

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As the function $\ln \sin \frac{x}{2}$ is concave down so by Jensen's inequality

$$f\left(\frac{A+B+C}{3}\right) \geq \frac{f(A)+f(B)+f(C)}{3} \text{ where } f(x) = \ln \sin \frac{x}{2}$$

$$\Rightarrow \sin \frac{A}{2} \cdot \sin \frac{B}{2} \cdot \sin \frac{C}{2} \leq \frac{1}{8}$$

$$\therefore (1) \Rightarrow E \leq 8 \cdot \left(\frac{1}{8}\right)^2 \Rightarrow E \leq \frac{1}{8}$$