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If $0 < a \leq b < \frac{\pi}{2}$, $a + b = \frac{\pi}{2}$ then:

$$\int_a^b \left(\frac{\sin x}{x} \right) dx \geq \frac{b-a}{2}$$

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Use Hermite – Hadamard inequality:

$$f\left(\frac{a+b}{2}\right) \leq \frac{\int_a^b f(x) dx}{b-a} \leq \frac{f(a)+f(b)}{2}, \text{ for any convex function because } f(x) = \frac{\sin x}{x}, \text{ is concave,}$$

$$x \in \left(0, \frac{\pi}{2}\right); \text{ result - } f(x), \text{ convex. We obtain: } \frac{\sin\left(\frac{a+b}{2}\right)}{\frac{a+b}{2}} \geq \frac{\int_a^b \frac{\sin x}{x} dx}{b-a} \geq \frac{\frac{\sin a}{a} + \frac{\sin b}{b}}{2}$$

and use the well-known Jordan inequality: $\frac{\sin x}{x} \geq \frac{2}{\pi}$, it follows:

$$\frac{\sin a}{a} + \frac{\sin b}{b} > \frac{2}{\pi} + \frac{2}{\pi} = \frac{4}{\pi} > 1, \text{ it follows:}$$

$$\int_a^b \frac{\sin x}{x} dx \geq (b-a) \left(\frac{\frac{\sin a}{a} + \frac{\sin b}{b}}{2} \right) \geq \frac{b-a}{2}$$