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If $a, b, c \in \mathbb{R}$, $abc \geq 0$, $a + b + c = 3$ then:

$$a^2 + b^2 + c^2 + abc \geq ab + bc + ca + 1$$

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Solution by proposer

Let $x = a(b-1)(c-1)$, $y = b(c-1)(a-1)$, $z = c(a-1)(b-1)$ we have

$xyz = abc(a-1)^2(b-1)^2(c-1)^2 \geq 0$ at least one of x, y, z is nonnegative; assume that

$$x \geq 0 \Leftrightarrow a(b-1)(c-1) \geq 0 \Leftrightarrow abc \geq ab + ac - a.$$

* If $a \leq 0$: since $abc \geq 0 \Rightarrow bc \leq 0$ and since $a + b + c = 3 \Rightarrow b + c \geq 3$. Hence

$$ab + bc + ca + 1 \leq ab + ac + 1 = a(b+c) + 1 \leq 1 < a^2 + b^2 + c^2 + abc$$

(because $a \leq 0$ and $b + c \geq 3$)

* If $a > 0$: Since $a(b-1)(c-1) \geq 0$

$$\Rightarrow (b-1)(c-1) \geq 0 \Leftrightarrow bc \geq b+c-1 \Rightarrow a+bc \geq a+b+c-1 = 2 \quad (*)$$

We have $a^2 + b^2 + c^2 + abc \geq a^2 + b^2 + c^2 + ab + ac - a$

$$a^2 + b^2 + c^2 + ab + ac - a \geq ab + bc + ca + 1 \Leftrightarrow (a^2 - 2a + 1) + (b^2 - 2bc + c^2) + (a + bc - 2) \geq 0$$

$$\Leftrightarrow (a-1)^2 + (b-c)^2 + (a+bc-2) \geq 0$$

It's true by $(a-1)^2 \geq 0, (b-c)^2 \geq 0$ and (*). \square